

# SOUTH FARNBOROUGH INFANT SCHOOL

## Safeguarding Newsletter

### Spring Term 2026

Dear parents/carers,

We would like to remind you of the members of the safeguarding team of South Farnborough Infant School. Whilst safeguarding is the responsibility of the whole school community, we have staff with specific training and responsibility for safeguarding. Our team is made up of a Designated Safeguarding Lead and two Deputy Designated Safeguarding Leads.



Mrs Lidington  
DSL



Mrs Duffy  
DDSL



Mrs Deans  
DDSL

We will be writing to you once a term to highlight both national safeguarding issues and topics specific to our school.

## Children's Mental Health Week



This week is the national children's mental health week. The week exists to empower, equip and give a voice to all children and young people in the UK. In school we will be discussing our Harmony Principle of Wellbeing and what this means for our children. The link below contains some activities for families and information that may support your child's mental health.

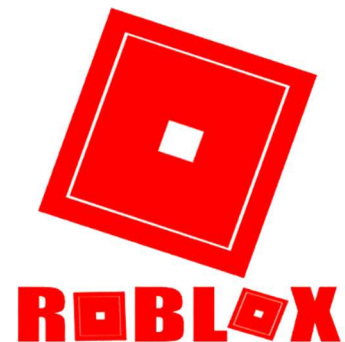
<https://www.childrensmentalhealthweek.org.uk/resources/#families>

## Online Safety

We teach our children about online safety during every computing lesson and also through our PSHE discussions following our SCARF programme. Please do monitor what your child is watching and which games they are playing. Roblox is the most popular gaming app for children and teenagers in the UK, with children spending, on average, two hours a day playing it. Roblox is rated 7+ by the gaming regulator PEGI, but users can be younger if their parents approve their sign-up. Roblox games are made by users and creators who upload games to the site, which can then be played by anyone.

A recent ITV News investigation found several disturbing examples of games on Roblox which could be accessed even with parental controls activated. These included a game which is centred around killing people belonging to certain racial and religious groups and enables players to target worshippers at a mosque, as well as to conduct a secondary school shooting.

**Please attend our online safety workshop in school on Tuesday 10<sup>th</sup> February at 9am with Miss Shipsey our Computing Lead.**



## Managing Anxiety

We do find many families asking for advice on managing their child's anxiety. Children and Adolescent Mental Health Services (CAMHS) are now running support events for parents.



**CAMHS 2026 training and support events** are now well underway, including updated Parents and Carers Events (P.A.C.E) across Hampshire, and regular Information and Advice sessions (Winchester) where parents/carers, professionals and young people can speak with CAMHS clinicians.

Many of the events on offer are a brilliant resource for families who are caring for a child with trauma and attachment needs. Discretionary tickets are available for these events.

### [Events – CAMHS.](#)

- Parents and Carers Events (P.A.C.E)
- SASI (Stopping Avoidable Suicides Initiative)
- Understanding Trauma – New for 2026
- Understanding Anxiety – New for 2026
- Understanding ADHD
- How To Cope When Your Child Can't
- Information and Advice sessions (Winchester drop-ins)
- Embracing Autism – new speakers & topics

## **Respectful Behaviour**

Our school values are important for everyone in our school community. School staff teach our children about **RESPECT** and model this value in school each day, along with **PERSONAL BEST**, **TEAMWORK** and **REFLECTIVENESS**. We would like to ensure all communication on our school site or communicated electronically is done so with respect.



Please get in touch with the safeguarding team if you have any concerns or questions.

The Safeguarding Team